

2005
**COURAGE TO
COME BACK**
Awards



Courage to Come Back Award recipients (from l-r): Justin Perkins, Henry Josiah, Paulette Walker, Mary Walsh, Robert Ramsay, Craig Hurst, Mary-Jane Dolbeck.

The Centre for Addiction and Mental Health Foundation holds the Courage to Come Back Awards each year to recognize those who have overcome mental illness and addiction and now use their experience to help others.

By sharing their inspiring stories, CAMH hopes to showcase the potential of people living with mental illness and addiction, and decrease the stigma attached to these conditions, creating a more compassionate society for the one in four Canadians who will face these challenges during their lifetime.

Presented by



The Courage to Come Back Awards would not be possible without the support of our volunteers, donors and sponsors, such as presenting sponsor RBC Capital Markets. We thank them for their generosity, vision and leadership.

2005 Courage to Come



John Murphy, Executive Vice President, Human Resources and Chief Ethics Officer for Ontario Power Generation, **Mary-Jane Dolbeck** and **Don MacKinnon**, President of the Power Workers' Union.

Mary-Jane Dolbeck of North Bay is a mother, grandmother and student who overcame depression and an addiction to drugs and alcohol. By adopting an active lifestyle, Mary-Jane recovered. Though she is proud of all that she has achieved, she is most proud of the inspiration she gives her 13 grandchildren through her work as a volunteer to help those overcome similar obstacles.

ONTARIOPOWER
GENERATION



Rod Phillips, President and CEO of WarrenShepell and **Craig Hurst**

Craig Hurst of Shanty Bay (near Barrie) was stigmatized because of his diagnosis with bipolar affective disorder and found himself working in the factory where he had once been Vice-President. Craig's first hand knowledge of the important role of work in recovery encouraged him to create employment and entrepreneurial opportunity networks across Canada for people recovering from mental illness.

WarrenShepell



Henry Josiah and sponsor, **Cindy Harris**, Manager, Charitable Giving Canadian Division, Manulife Financial.

Henry Albert Josiah of St. Thomas was a performer and television personality throughout the 1960's, but his diagnosis of schizophrenia threatened to take all that away. Today, at 65, he works as a volunteer and continues to perform, once again entertaining fans with his charming voice and rhythmic melodies.

 **Manulife Financial**



Justin Perkons and sponsor, **Stephen Shea**, Partner and leader of the Technology and Security Risk Solutions Practice, Ernst and Young

Justin Perkons of Ottawa not only lives with schizophrenia, he thrives. Justin, a 20-year-old college student, is a strong advocate for those living with mental illness. He now speaks to youth in order to spread understanding and to battle the stigma.

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Back Awards Recipients



Dr. Neil Maresky, V.P. Scientific Affairs, Wyeth Canada and **Robert Ramsay**

Robert Ramsay of Toronto has led a life characterized by achievement, serving as speechwriter to Premier William Davis; but perhaps his most significant achievement is his triumph over addiction and depression. Robert continues to help others by raising awareness and inspiring people with his mantra: "Get help. Now. Act Now. Do not delay."

Wyeth



Buzz Hargrove, National President, CAW and **Paulette Walker**

Paulette Walker of Toronto was a beauty queen with a 20-year addiction to cocaine. Paulette survived years of abuse and personal trauma. Her dependence on crack cocaine led to the loss of her child, her home, her business and any hope of a future. So she thought. Through the treatment programs available to her at CAMH, Paulette has rebuilt her life and now works as a chef. She regularly speaks to inmates in various jails, encouraging them to turn their lives around.

CAW TCA
CANADA



Mary Walsh and sponsor, **Eric Tripp**, Vice-Chair, BMO Nesbitt Burns and Head, Equity Division.

Mary Walsh is one of Canada's most recognized television and film personalities, yet many do not know of the struggles she overcame. Mary battled years of alcohol addiction as a way to cope with childhood feelings of abandonment. She was able to turn her pain into a passion for drama, and emerged as one of Canada's true success stories.

BMO  **Financial Group**

To read more about the
2005 Courage to Come Back Awards Recipients

go to

http://www.camh.net/camh_foundation/



Get involved

Now in its 13th year, the **Courage to Come Back Awards** has tremendous positive image value to offer a sponsor.

By participating in the event, your organization plays a supporting role in recognizing the achievements of outstanding individuals, and creates an excellent opportunity to demonstrate leadership, inside and outside of your organization.

Sponsoring the event offers a chance to align your organization directly with the positive role models that the Courage to Come Back Awards recipients represent. **The award recipients demonstrate hope for all of us.**

Be a leader

Congratulations to all award nominees and recipients for the determination and drive to overcome.

Canadian Auto Workers

There's no limit to what you can do.

Ernst & Young

A proud sponsor of the 2005 Courage to Come Back Awards—and pleased to join in celebrating the inspiration of hope and great achievements of the award recipients.

RBC Capital Markets

We salute your courage in facing adversity and thank you for demonstrating the power and potential of the human spirit.

WarrenShepell

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Opportunities for involvement

To discuss the benefits of being a corporate sponsor, or for more information about this event, please contact Bonnie Perry, Senior Development Officer, at: 416 535-8501 x4220 or by e-mail: Bonnie_Perry@camh.net.